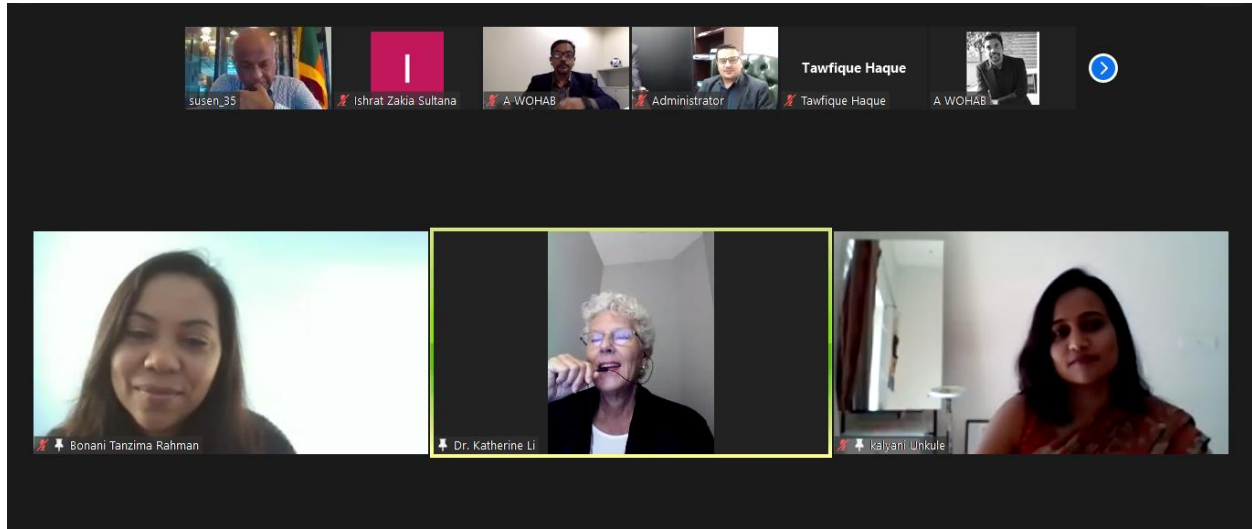


News on Peace Education Workshop at NSU

A Workshop on Peace Education was held virtually on 1 November 2021. It was organized by the Center for Peace Studies (CPS) of South Asian Institute of Policy and Governance (SIPG), North South University (NSU). The moderator of the workshop was Dr. Katherine Li, Advisor, CPS and Director, Office of External Affairs, NSU. The speakers were Ms. Bonani Tanzima Rahman, Motivational Speaker, Quantum Foundation Bangladesh and Dr. Kalyani Unkule, Associate Professor, JGLS, OP Jindal Global University, India.



The program started with a guided meditation and brief introduction by Ms. Bonani Tanzima Rahman. She shared her personal story and the stories of a few others to show how a daily practice of going inward and simple shifts in mindset can bring profound positive changes in life. She also shared some research findings that provide empirical support for the holistic benefits of meditation. She emphasized on a path of greater personal freedom that the participants can use both in their personal lives and in their capacity as educators in professional life.

The 2nd speaker, Dr. Kalyani Unkule discussed on “Building bridges back to oneself: a mindful paradigm for peace education and internationalization”. Her talk draws on critical engagement with higher education internationalization. The aim was to develop a new understanding of higher education internationalization practice, particularly study abroad. She stated that, Peace education scholars and practitioners, like their counterparts in international higher education, are looking for ways to nourish their fields with plurality by making room for context.

The High Commissioner of Sri Lanka to Bangladesh, H.E. Prof. Sudharshan D.S. Seneviratne was present and opined that it is indeed a great workshop to popularize peace education.

Dr. Abdul Wohab, Assistant Professor and Coordinator of the Center for Peace Studies (CPS), NSU delivered the concluding remarks and hoped that this workshop enlightened many about peace education. Academics, researchers, and students were present among the participants.